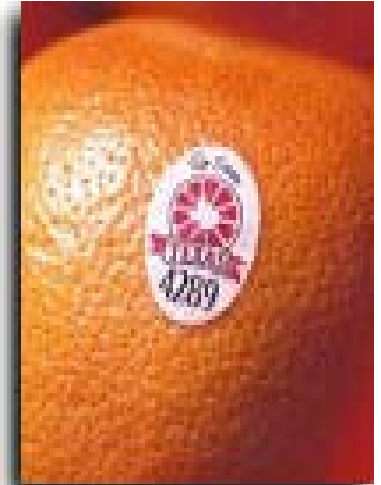




CITRUS FACTOIDS

Spanish and Portuguese trader first brought citrus seeds to the US in 1518. Tangerines are actually a variety of the Mandarin orange named for Tangier, Morocco, where they were first imported from China. This pebbly-skinned and traditional around Christmas time, they are often sold with the stem and leaf attached. Tangerines are fairly easy to peel and have seeds. This sticker tells you and your local supermarket clerks the fruit's variety

and origin



Tangerines are an excellent source of vitamins A and C and Potassium

TAKE THE TANGERINE QUIZ

Rows of citrus trees are called?

- a. Groves
- b. Furrows
- c. Orchards
- d. Grooves

Which 1970's rock band took it's name from the tangerine?

- a. Tangerine Dream
- b. Tangerine Bread
- c. Mr. Tangerine Man
- d. The Grateful Tangerine

Tangerines are commonly referred to as?

- a. Skinnable
- b. Peelable
- c. Zipper-skinned
- d. Button-nosed



Tangerine	
Nutrition Facts	
Serving Size	
1 medium Tangerine (109g)	
Amount Per Serving	
Calories 50	Calories from Fat 0
<hr/>	
	%Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 15g	5%
Dietary Fiber 3g	12%
Sugars 12g	
Protein 1g	
<hr/>	
Vitamin A 18%	Vitamin C 50%
Calcium 4%	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.