

.25 ACTIVITIES

The provider shall provide each child in care with indoor and outdoor activities that are appropriate to the age, needs, and capabilities of the individual child.

INTENT: You must provide opportunities for each child to participate in indoor and outdoor activities that are suited to the child's individual interests, abilities, and developmental level.

INSPECTION REPORT ITEM: "Activities"

COMPLIANCE CRITERIA: Indoor and outdoor activities are suited to each child's age and support the child's growth and development (see [Note](#) below).

ASSESSMENT METHOD: Verify through observation and discussion that activities are offered each day that are suitable for each child and consistent with the characteristics listed below.

Note: Daily activities must include active and quiet play. No activity should be overly stressful or cause undue physical or mental fatigue. Activities should promote the following:

- Self-help skills – Examples include giving toddlers, preschool, and school-age children the opportunity to choose and replace toys and activity materials with little or no assistance from you. Children who are developmentally ready should serve and clean up after themselves at meal and snack time, and when possible, dress themselves.
- Thinking skills – Examples include opportunities to explore, problem-solve, imitate, use household activities/materials, sort and match various household items, set the table, prepare snacks/meals, and look at books and magazines.
- Large and small muscle development – Examples include participation in routine physical activities (such as running, hopping, jumping, manipulating with puzzles, stringing beads, and building with appropriate objects).
- Communication skills – Examples include encouraging children to ask and respond to questions that have more than one-word answers (such as "What do you think will happen if...", or "How do you feel when..."), reading books and stories, singing, pretending, and dancing.
- Creative skills – Examples include drawing, painting, telling stories, pretending, dancing, and moving.

Note: For help in planning age-appropriate activities, you may wish to refer to "[Developmental Characteristics](#)."