



Karen B. Salmon, Ph.D.
State Superintendent of Schools

TO: Coordinators and Supervisors of Physical Education
FROM: Susan C. Spinnato, Director of Instructional Programs
DATE: August 19, 2020
RE: Physical Education Requirements

This is to advise you that under Code of Maryland Regulations (COMAR) 13A.04.13.01, every school system must provide Physical Education for all students in grades PreK-8 each year. Further, to be awarded a Maryland High School Diploma, every high school student must complete the standards-based graduation requirement for Physical Education.

Education Article, §7-4B, Annotated Code of Maryland, requires local school systems to ensure that all students have an equal opportunity to participate in physical education. Local school systems must ensure the provision of reasonable accommodations necessary to provide students with disabilities equal opportunity to participate, to the fullest extent possible, in mainstream physical education. A student may participate in an adapted, allied, or unified program of physical education based on disability, physical limitations, or the medical condition of the student. An individualized program shall be developed and approved by the local school system in collaboration with the parent or guardian.

If I can be of further assistance, please contact me at susan.spinnato@maryland.gov or 410-767-0349.