Maryland State School Health Council State-Wide School Wellness Meeting
Making Wellness Work: The Value of System-Level School Health Councils
August 6th, 2019

AGENDA

9:00–9:30am  Registration

9:30–9:45am  Introduction
Erin Hager, PhD
Chair, Maryland State School Health Council
Associate Professor, University of Maryland School of Medicine

9:45–10:30am  Advancing Population Health: The Role of Schools
Cheryl De Pinto, MD, MPH, FAAP
Director, Office of Population Health Improvement
Maryland Department of Health

10:30–10:45am  School Health Council 101
Erin Hager, PhD

10:45–11:00am  Physical Activity Break
Perri Carroll, MPH and Joy Lloyd-Montgomery, MPH
Wellness Specialists, Wellness Champions for Change
University of Maryland School of Medicine

11:00am–11:30am  Panel #1: Creative Strategies for Funding Wellness Champions in Schools
Adrian B. Talley, Ed.D.  Tamara J. Mills
Director of Community Schools  Coordinator of Instruction
Prince George’s County Public Schools  Worcester County Public Schools

Moderator: Lea Jaspers, M.S.
Health Education Specialist
Maryland State Department of Education
Vice President, Maryland State School Health Council

11:30–12:15pm  Panel #2: Best Practices for Engaging Administrators, Teachers, and Staff to Promote Health & Wellness
Marla Caplon, R.D., L.D.  Brian Griffith, M.Ed.
Wellness Coordinator  Specialist for Secondary Health Education & Physical Education
Montgomery County Public Schools  Frederick County Public Schools

Stacy Mazcko, R.D.  Maureen Grizio
Food Service Specialist  Health Education Resource Teacher
Anne Arundel County Public Schools  Health, Physical Education, & Dance
Anne Arundel County Public Schools

Moderator: Tina Backe, M.A.
Health Policy Analyst
Maryland Department of Health
Vice President, Maryland State School Health Council

12:15–1:30pm  Lunch and Presentation: Maryland’s Legislative Process and Local Involvement
Brooke Torton, JD  Kerri Lowrey, JD
Deputy Director, Legal Resource  Deputy Director, The Network for Public Policy
Center for Public Health  Policy Health Law – Eastern Region
University of Maryland Francis King  University of Maryland Francis King
Carey School of Law  Carey School of Law
1:30-2:45pm  
**Gallery Walk**
3-5 minute presentations followed by group discussion repeated in 10 minute intervals over an hour.

<table>
<thead>
<tr>
<th>Topic</th>
<th>Moderator/Speaker</th>
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| 1 Advocating for More Physical Education Time for Students          | Nick Thompson  
Supervisor of Physical Education, Health, and Family & Consumer Sciences  
Wicomico County Public Schools                                            |
| 2 Alternative Discipline and Restorative Practices                   | Kimberly A. Buckheit, M.Ed.  
Specialist, School Completion and Alternative Programs  
Maryland State Department of Education                                  |
| 3 Condom Distribution in Schools                                     | Kerrie Wagaman RN, MSN, BSN, NCSN  
Coordinator of Health Services  
Howard County Public Schools System                                       |
| 4 Family Engagement for School System Wellness Promotion             | Megan Lopes, MPH  
Staff Specialist  
Maryland State Department of Education                                  |
| 5 Supporting Schools to Successfully Engage Parents as Wellness Partners | Brittany Ledford  
Mid-Atlantic State Coordinator  
Action for Healthy Kids                                                   |
| 6 Skills-based Health Education & Health Literacy                    | Brian Griffith, M.Ed.  
Specialist for Secondary Health Education and Physical Education  
Frederick County Public Schools                                           |
| 7 Staff Resilience                                                   | Michelle Caruso, MPH, RD  
Healthy Schools Program Manager, Mid-Atlantic Alliance for a Healthier Generation |
| 8 Wellness Awards                                                    | Maneka Monk  
Senior Manager of Communications  
Anne Arundel County Public Schools                                         |

2:45-3:15pm  
**Group Activity/ Action Planning**
Facilitator: Megan Lopes, MPH  
Staff Specialist  
Office of School and Community Nutrition Programs  
Maryland State Department of Education

3:15-3:30pm  
**Closing**