Maryland State School Health Council State-Wide School Wellness Meeting

Making Wellness Work: The Value of System-Level School Health Councils
August 6th, 2019

Speaker Contact List

Introduction and School Council Health 101:

Erin Hager, PhD
Chair, Maryland State School Health Council
Associate Professor, University of Maryland School of Medicine
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Advancing Population Health: The Role of Schools:

Cheryl De Pinto, MD, MPH, FAAP
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Physical Activity Break:

Perri Carroll, MPH and Joy Lloyd-Montgomery, MPH
Wellness Specialists, Wellness Champions for Change
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Panel #1: Creative Strategies for Funding Wellness Champions in Schools

Adrian B. Talley, Ed.D.
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Tamara J. Mills
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Moderator: Lea Jaspers, M.A.
Health Education Specialist
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Vice President, Maryland State School Health Council
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Panel #2: Best Practices for Engaging Administrators, Teachers, and Staff to promote Health and Wellness

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Marla Caplon, R.D., L.D.
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Maureen Grizio
Health Education Resource Teacher
Health, Physical Education, & Dance
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Stacy Mazcko, R.D.
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Moderator: Tina Backe, M.A.
Health Policy Analyst
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Maryland’s Legislative Process and Local Involvement

Brooke Torton, JD
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## Gallery Walk

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<th>Topic</th>
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| 1 | Advocating for More Physical Education Time for Students             | Nick Thompson  
*Supervisor of Physical Education, Health, and Family & Consumer Sciences*  
*Wicomico County Public Schools*  
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| 2 | Alternative Discipline and Restorative Practices                     | Kimberly A. Buckheit, M.Ed.  
*Specialist, School Completion and Alternative Programs*  
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| 3 | Condom Distribution in Schools                                       | Kerrie Wagaman RN, MSN, BSN, NCSN  
*Coordinator of Health Services*  
*Howard County Public Schools System*  
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| 4 | Family Engagement for School System Wellness Promotion               | Megan Lopes, MPH  
*Staff Specialist*  
*Maryland State Department of Education*  
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| 5 | Supporting Schools to Successfully Engage Parents as Wellness Partners| Brittany Ledford  
*Mid-Atlantic State Coordinator*  
*Action for Healthy Kids*  
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| 6 | Skills-based Health Education & Health Literacy                      | Brian Griffith  
*Specialist for Secondary Health Education and Physical Education*  
*Frederick County Public Schools*  
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| 7 | Staff Resilience                                                     | Michelle Caruso, MPH, RD  
*Healthy Schools Program Manager, Mid-Atlantic Alliance for a Healthier Generation*  
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| 8 | Wellness Awards                                                      | Maneka Monk  
*Senior Manager of Communications*  
*Anne Arundel County Public Schools*  
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### Group Activity/ Action Planning

Facilitator: Megan Lopes, MPH  
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