Maryland State School Health Council: Executive Committee Meeting

MEETING INFORMATION
Date: 9/18/19
Attendees: Alan Lake, Beth Marshall, Brian Griffith, Erin Hager, Jasmia Shropshire, Jason Semanoff, Kristi Corona, Laura Howard, Lea Jaspers, Leslie Sessom-Parks, Louise Fink, Marla Caplon, Megan Lopes, Melissa Beasley, Michelle Caruso, Nadja Agnew, Nancy Lever, Sally Nazelrod, Tina Backe
Time: 2:30pm-4:00pm
Location: President's Boardroom
University of Maryland, Baltimore
Saratoga Building, 14th Floor
220 Arch Street
Baltimore, MD 21201
Call-in Information:
Via WebEx https://umaryland.webex.com/umaryland/j.php?MTID=m69be7b2ca56422def5caab1c9eb32596
Meeting number: 733 281 532 Password: MSSHC
Join by phone +1-415-655-0001, Access code: 733 281 532

AGENDA

I. Introductions (5 minutes)

II. WSCC Team Exercise (20 minutes)
   1. Instructions (Erin)
   2. Exercise (Everyone)

   • Group Exercise:
     o Two large WSCC Models were hung on the wall (one for each exercise).
     o Exercise #1 MSSHC Board WSCC Representation: Attendees placed post-it with their name on the WSCC Components that they identify with/represent (1 Primary and 2-3 secondary).
     o Exercise #2 School Health Issues in Maryland: Attendees placed post-it with what they believe to be school health issues in Maryland (1 Primary and 2 secondary).

III. Recap of 2018-2019 School Year (Erin; 15 minutes)
   1. Communication
      i. Webinars
   2. Networking
      i. Meeting
      ii. List of Leadership
   3. Legislation
      i. Partnership with UMSOL

   • PowerPoint presentation is attached.
IV. WSCC Team Exercise Wrap-up (Tina; 10 minutes)

- Exercise Summary:

<table>
<thead>
<tr>
<th>WSCC Component</th>
<th>Board Representation weighted (primary = 2, secondary = 1)</th>
<th>Top health concern (pts) weighted (primary = 2, secondary = 1)</th>
<th>Top Health Concerns in Maryland</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Education</td>
<td>9</td>
<td>13</td>
<td>Health disparities, opioids (3), vaping, LGBTQ &amp; health education, substance abuse (2), vaccines - HPV</td>
</tr>
<tr>
<td>Physical Education &amp; Physical Activity</td>
<td>12</td>
<td>4</td>
<td>Lack of physical activity, obesity &amp; related diseases (2), recess</td>
</tr>
<tr>
<td>Nutrition Environment &amp; Services</td>
<td>13</td>
<td>2</td>
<td>Obesity, poor nutrition, food insecurity</td>
</tr>
<tr>
<td>Health Services</td>
<td>4</td>
<td>2</td>
<td>Chronic disease management</td>
</tr>
<tr>
<td>Counseling, Psychological, &amp; Social Services</td>
<td>3</td>
<td>12</td>
<td>Access to mental health resources, equity SES/resources, improved referral mechanism, student mental health, poverty, collaboration</td>
</tr>
<tr>
<td>Social &amp; Emotional Climate</td>
<td>7</td>
<td>10</td>
<td>LGBTQ, SEH violence “trauma”, safe &amp; supportive spaces for young people, equity, mental health SEL (2), violence (all forms)</td>
</tr>
<tr>
<td>Physical Environment</td>
<td>1</td>
<td>4</td>
<td>Safety (2), facilities/lack of resources</td>
</tr>
<tr>
<td>Employee Wellness</td>
<td>3</td>
<td>2</td>
<td>Teacher stress, staff burnout/turnover &amp; resilience</td>
</tr>
<tr>
<td>Family Engagement</td>
<td>1</td>
<td>2</td>
<td>Homelessness, integration of health into curriculum</td>
</tr>
<tr>
<td>Community Involvement</td>
<td>6</td>
<td>2</td>
<td>Social determinants that impact health outcomes and poverty, lack of implementation of wellness concepts</td>
</tr>
<tr>
<td>Overall</td>
<td>Not counted</td>
<td>4</td>
<td>Coordination of services, disparities</td>
</tr>
</tbody>
</table>

V. Setting Goals for 2019-2020 (Tina; 15 minutes)

- Jurisdictions not yet highlighted:
  - Alleghany, Baltimore City?, Calvert, Caroline, Carroll, Charles, Dorchester, Frederick, Garrett, St. Mary’s, Somerset, Talbot, Washington, Worcester

- Adding members/ special speakers to educate/ cover these areas?
  - Water – Baltimore County
  - Family Engagement Specialists (MSDE)
  - Early Childcare
  - Counseling, Psychological & Social Services (Nancy & Louise)
    - Montgomery County has an entire team with a SE & Mental health focus.
    - Louise has opioid video.
  - Vaping / Drugs health issues: Bring in a speaker for November Exec. Meeting to educate council on substance use prevention.
    - Focusing on the discipline component to vaping issue, but what are we doing for students with an addiction to these products?
    - Substance use prevention – opioids and vaping
Top 5 health concerns and our plans to cover it within the MSSHC:

1. Drugs – vaping, opioids
   - **Action Item:** speaker for November 20th meeting

2. Access to mental health resources
   - **Action Item:** Add to membership, wraparound social services
   - **Action Item:** See if Joanne would like to join MSSHC Executive Board.

   - **Action Item:** Possibly add onto one webinar.

4. Physical Activity, Recess
   - **Action Item:** Cover during October 30th webinar

5. Safety
   - **Action Item:** to be discussed on a later date

VI. Plans for 2019-2020 (Erin; 20 minutes)

1. Executive Board Meetings (see Table)
2. Webinars (see Table)
3. Subcommittees
   i. Dr. Lake Award
   ii. August Meeting
4. Additional plans to meet goals?

VII. Other New Business/ Open Mic (5 minutes)
<table>
<thead>
<tr>
<th>Month/Date</th>
<th>In-Person Meetings (general topics)</th>
<th>Webinar Topic</th>
<th>Speaker ideas / comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 18th</td>
<td>Recap/ set goals for 2019-2020</td>
<td>Community Involvement</td>
<td>Erin is organizing&lt;br&gt;(Not confirmed)&lt;br&gt;-Heidi Burke (Chief Program Officer, Greater Rochester Health Foundation Rochester, NY)&lt;br&gt;-Fredrick County Schools&lt;br&gt;-Add speaker to discuss right to recess.&lt;br&gt;<strong>Executive Board member to present?</strong></td>
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<tr>
<td>October 30th</td>
<td></td>
<td>Webinar Topic</td>
<td>-Speaker on substance abuse. -Overview of Senate Bill 1030&lt;br&gt;-Focus: Water Access&lt;br&gt;-CDC Water Access in Schools working group&lt;br&gt;-Baltimore County Public Schools&lt;br&gt;-UMSOL partners- legislative session update</td>
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<tr>
<td>Date TBD</td>
<td></td>
<td>Counseling, Psychological and Social Services</td>
<td>Lec/Alicia are organizing&lt;br&gt;UMSOL partners- legislative session preview&lt;br&gt;Need Speakers</td>
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<tr>
<td>November 20th</td>
<td>Presentation from Voices for Healthy Kids and/or NY Well Campaign Not confirmed</td>
<td></td>
<td>Idea: Spring activity- group model building with local school system partners</td>
</tr>
<tr>
<td>Date TBD</td>
<td>Action Building Exercise: Part 1?</td>
<td>Physical Environment</td>
<td>Erin is organizing&lt;br&gt;(Speaker Ideas… Not confirmed)&lt;br&gt;Focus: Water Access&lt;br&gt;-CDC Water Access in Schools working group&lt;br&gt;-Baltimore County Public Schools&lt;br&gt;-UMSOL partners- legislative session update</td>
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<tr>
<td>Date TBD</td>
<td></td>
<td>Health Services</td>
<td>Tina is organizing- School Health Services&lt;br&gt;UMSOL partners- legislative session update&lt;br&gt;Presentation on school guidelines for children with health conditions?</td>
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<tr>
<td>May 20th</td>
<td>Action Building Exercise: Part 2?</td>
<td>WSCC model</td>
<td>Idea: how to incorporate the whole model into your local school health council or school</td>
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<td>Date TBD</td>
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<tr>
<td>June</td>
<td></td>
<td>WSCC model</td>
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<td>Date TBD</td>
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<tr>
<td>July</td>
<td>No meeting</td>
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<tr>
<td>August</td>
<td></td>
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<td>---State Wide Meeting at SHIP---</td>
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