MEETING INFORMATION
Date: 4/17/19
Attendees:
Time: 2:00pm-3:00pm
Location: 1st Floor Conference Room
737 West Lombard Street
Baltimore, MD  21201
Call-in Information: 1-866-453-8413
Code: 1880729

MEETING MINUTES
I.  Introductions (5 minutes)

II.  Webinar Planning (20 minutes)
   1.  Wednesday April 24th, 3:30 PM – 4:30 PM
      i.  Topic: Social & Emotional Climate.
      ii. Poll Discussion (to discuss below)
         •  We have three speakers lined up:
            o  CASEL, Baltimore City Office of the Whole Child, and Brooke Torton.
            o  Lea Jaspers will possibly moderate.

   2.  June Topics discussion: Family Engagement
      i.  June 6, 2019, 3:30 – 4:30PM
      ii.  Speaking Ideas:
            1.  Family Engagement Toolkit
            2.  Extension could talk about Family Engagement for the summer.
      iii. Should cover Smart Snack Standards in October
         •  Highlight family engagement initiatives.
         •  Megan will talk to Sam and Bruce for ideas (where/how to locate summer meals – apps, websites, etc)
         •  Perhaps a Food Services Director that already has a presentation to show how they deliver meals?

III.  SHIP Preconference Planning (20 minutes)
   1.  Tuesday, August 6th 2019
   2.  Initial ideas: Pre-Conference Agenda (see meeting notes for further topic ideas)
      9:00am – 9:30am Registration
      9:30am – 10:00am – Introduction – Invite someone to do the introduction
      10:00am -12:00pm –Building School Health Council Capacity
         1 hour Panel
         1 hour small group activity
      12:00pm – 1:00pm Lunch Speaker on Legislative Process in Maryland
      1:00pm - 3:30pm Hot Topics in School Health
   3.  Webinar Poll Questions
   4.  Preconference planning committee:
      i.  LEA Representative
ii. Kristi sent out minutes from 1st meeting, along with a doodle poll for the next call. Please let us know what date works, if you’re interested.

5. Will have a Save the Date slide during April webinar.

6. Other ways to promote.
   - **OBJECTIVE**: Capacity Building for LSHC (LEA Level)
   - Best practices on enhancing LSHC – needs to be communicated to LSHC’s that aren’t there yet.
   - Morning: Gallery walk or interview piece – Reaching Schools and supporting through Funding and Resources
     - LSHC’s that are reaching schools through Principals, Parents or Student. (Howard, Kent, Anne Arundel)
     - LSHC’s that have been able to visit every school (Calvert, Anne Arundel, Montgomery)
     - Paid wellness teams in every school (Prince Georges, Annapolis High School’s Wellness Coordinator)
     - Parent Engagement/ leveraging the parents for the right initiatives – have a parent talk about their involvement in a school and what’s changed bc of it.
     - How to find funding opportunities to support at a school level.
     - Resource: Score Card
     - Follow up with a worksheet – currently doing, topics discussed (check boxes), etc.
     - Will develop an action plan and specific steps on how to achieve goals/increase capacity.
   - Lunch discussion – 20 minutes on skills-based health education (Lea)
   - Pair and Share at end of day with something they will take back from the interview piece.

IV. **Future meeting agendas (5 minutes):**
   1. AHA Voices for Healthy Kids. – Save for 2019-2020 School Year.

V. **Standing Agenda Items (10 minutes)**
   1. Efforts for the 2019-2020 school year.
      i. Healthy Schools Award.
      ii. Building the Executive Committee and the broader MSSHC membership.
   - Should invite new members to preconference.

VI. **Other New Business/ Open Mic**
Updated poll for April webinar:

1. How interested are you in attending the MSSHc SHIP Pre-Conference on August 6th?
   - A. Very likely
   - B. Would possibly consider
   - C. Not likely to attend

2. What topics would you like to see at the SHIP Pre-Conference Workshop? (Select All that Apply)
   - A. E-cigarettes/Tobacco
   - B. Food Fundraisers
   - C. Health Literacy
   - D. Opioids
   - E. Mental Health
   - F. Physical Activity in the Classroom
   - G. Recess
   - H. Restorative Practices/Alternative Discipline
   - I. School Safety
   - J. Suicide Prevention

3. Other topics you would like to see considered for the SHIP Pre-Conference Workshop?

   Question
   Type: Short answer
   Option: New, Change Type
   Answer
   Record Individual responses
   Option: Add
   Option: Clear All, Open Poll