Maryland State School Health Council: Executive Committee Meeting

MEETING INFORMATION
Date: 5/15/19
Attendees:
Time: 2:00pm-3:00pm
Location: 1st Floor Conference Room
737 West Lombard Street
Baltimore, MD 21201
Call-in Information: 1-866-453-8413
Code: 1880729

AGENDA
I. Introductions (5 minutes) Last meeting of the 2018-2019 school year!

II. Webinar Planning (20 minutes)
   1. April Webinar – Social & Emotional Climate
      i. Attendees: 30
      ii. Recording and slides were posted to our webpage
      iii. Additional Recording Views: 9
   2. June Webinar: Family Engagement
      i. June 6, 2019, 3:30 – 4:30PM
      ii. Speaking Ideas:
          1. The role of family engagement at schools/school systems -MSDE, or LEA representative
          2. Summer Meals and Informing Families about Summer Meals- Samantha Bader (confirmed already)
          3. Engaging Families at Summer Meal Sites- LEA/possibly Anne Arundel County Public Schools (possibly Jodi Risse or another one of her staff; one of their summer meals sites has a farmers market attached to it and they are reaching parents/families and students in this capacity)
          4. Family Wellness Engagement Toolkit- Katie/Megan
             • 6 of 24 school systems have been highlighted, so far. We should try to highlight all school systems over the 10 webinars.
             • June Webinar Agenda:
                o Summer Meals Overview – Samantha Bader, MSDE
                o Outreach to Families at Summer Meals Sites – Jodi Risse, AACPS
                o Family Engagement within the Whole School, Whole Community, Whole Child Model – Teresa Tudor, AACPS
                o Family Engagement Wellness Toolkit – Megan Lopes, MSDE

III. SHIP Preconference Planning (25 minutes) *Next Planning meeting is 5/23 from 3-4PM
Purpose: To support Local School Health Councils in building capacity through tools for family engagement, resource-sharing, and best practices for reaching administrators, teachers, staff, and students to promote health and wellness.
   1. Tuesday, August 6th 2019
   2. **we need a cool name!
      • Making Wellness Work: The Value of System-Level School Health Councils
3. **Pre-Conference Agenda**

**DRAFT AGENDA**

August 6th 2019

9:00–9:30am  **Registration**

9:30–9:45am  **Introduction**

9:45–10:30am  **Keynote Speaker**

Cheryl De Pinto, MD, MPH, FAAP  
Director, office of Population Health Improvement  
Maryland Department of Health

10:30-10:45am  **School Health Council 101**

Erin Hager, PhD  
Chair, Maryland State School Health Council  
Associate Professor, University of Maryland School of Medicine

10:45-11:00am  **Physical Activity Break**

11:00am-12:15pm  **Panel Discussions: Resource Sharing**

Panel #1: Creative Strategies for Funding Wellness Champions in Schools  
_Speakers TBA_

Panel #2: Best Practices for Reaching Administrators, Teachers, and Staff to promote Health and Wellness  
_Speakers TBA_

12:30-1:15pm  **Lunch and Speaker**

1:30-2:45pm  **Gallery Walk, Speakers TBA**

Up to 10 unique school wellness topics offered in 10 minute repeated sessions over an hour. Topics will include family engagement, skills-based health education, non-food fundraisers/events, and much, much more!

2:45-3:15pm  **Group Activity/ Action Planning**

3:15-3:30pm  **Closing**

4. **Intro Speaker Ideas (discuss)**

i. Cheryl Depinto – social determinants of health, total cost of care, and how school health and local integration of programs is a population health approach.

- Add “School Health Council 101”: _What is it, what does COMAR say, what are some models in MD_

5. **Panel (aligns with purpose)**

i. Tools for Family Engagement (Megan)  
   Moved to Gallery Walk topics

ii. Resource Sharing - Dr. Talley (Prince George’s county), Britta Sparks (Calvert County), Tamara Mills (Worcester County)

iii. Best practices for reaching administrators, teachers and staff to promote health and wellness (Marla)
• Should give template for slides to make everyone's presentation uniform. 5 Mins/speaker, 20 minute discussion.

6. Gallery Walk Topics – 8 stations, 10 mins each (need one more and speakers for each)

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<thead>
<tr>
<th>Topic</th>
<th>Moderator/Speaker</th>
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<tbody>
<tr>
<td>1. Skills-based health education &amp; Health literacy</td>
<td>Brian?</td>
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<tr>
<td>2. Alternative Discipline and Restorative Practices</td>
<td>Who?</td>
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<td>3. Staff Resilience</td>
<td>Who?</td>
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<td>4. Integrating School Safety into LSHC</td>
<td>(Calvert County?)</td>
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<td>5. Advocating for more PE time</td>
<td>Nick?</td>
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<td>6. Family Engagement</td>
<td>Megan?</td>
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<td>7. Sexual Violence Prevention</td>
<td>Lea?</td>
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<td>8. Fundraisers and Events</td>
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7. Action Planning Worksheet. (see draft)

IV. Plans for next 2019-2020 (10 minutes)
   1. Reach out to potential new members and invite to pre-conference.
   2. Speaker suggestions for monthly meetings
   3. Healthy School Award

V. Other New Business/ Open Mic