

Maryland State School Health Council: Executive Committee Meeting

MEETING INFORMATION

Date: 2/27/19

Attendees:

Time: 2:30pm-3:30pm

Location: 1st Floor Conference Room

737 West Lombard Street

Baltimore, MD 21201

Call-in Information: 1-866-453-8413

Code: 1880729



AGENDA

I. Introductions (5 minutes)

II. Webinar Planning (20 minutes)

1. February Webinar follow-up:
 - i. Highest number of attendees so far! (60)
 - ii. Slides are posted on our website.
2. Next Webinar: Wednesday April 24th, 3:30 PM – 4:30 PM
 - i. Topic: Social & Emotional Climate
 - ii. Identify potential speakers:
 1. Baltimore City's Office of the Whole Child
 - **Webinar Ideas:**
 - Office of the whole child – best practices for Social and Emotional Climate. So they could cover both expert and school system highlights.
 - Erin to reach out to Baltimore City LSHC
 - PE Teacher who focuses on social emotional – Jason suggested Katie Prichard and Ross Chakrian.
 - Focus on a school that has Social/Emotional in their wellness policy.
 - Do polling question for SHIP topics.
3. Future Topics:
 - i. June: Family Engagement and Smart Snack Standards

III. SHIP Preconference Planning (25 minutes)

1. Tuesday, August 6th 2019
2. Discussion/Notes from January Meeting:
 - i. Split day up in two: Half day on capacity building and advocacy
 - ii. Have different tracks:
 1. School health education and nutrition .
 2. Social and emotional learning.
 3. Health risk of early computer use.
 - iii. Possibly have an advocacy discussion over lunch
 1. What can we do in terms of advocacy then have round table discussions after lunch about what that would look like at a local or system level.
 2. Have one of the speakers fund the lunch. (Need to consider conflicts of interest)
 1. American Heart Association
 2. Everfi

3. Materials needed-must decide for budget:
 - i. Flash Drive with resources.
 - ii. Portfolio with materials.
 - Need to form separate planning committee.*
 - MSDE cannot speak on advocacy for physical education (in terms of swaying vote or on a bill). MSDE can only educate on a topic.
 - Lunch discussion on how state legislation process works and perhaps follow a passed bill through the process.*
 - Need to determine if there will be a registration cost since this preconference has been free in the past. Once we determine this, we will send a Save the Date out to distribution list.*
 - Can SHIP allow them to register only for the preconference?
 - Perhaps a PROMO Code?
 - Should advertise the SHIP preconference during our webinar.

IV. Standing Agenda Items (10 minutes)

1. Student Advisory Board – MSDE is unable to speak on advocacy in terms of passing a bill or swaying a vote.
2. Healthy Schools Award – Sally will compile info and report back. Perhaps we could coordinate with Anne Arundel County or do it together.
3. Building the Executive Committee and the broader MSSHC membership
 - i. Kaiser Permanente, Action for Healthy Kids, Alliance for a Healthier Generation, others (Erin)
 - All have similar agendas and are working towards the same goal.
4. Spending MSSHC budget in 2018-2019 (\$5000).
 - Update on Recess (Sally) – Erin sent over the Wellness Policies and some schools make no reference to Recess in their wellness policy.
 - MWPPP will be coding each school system's policy and will show how it aligns with the model wellness policy.
 - Perhaps the award could go towards implementing these policies – How would we hold them accountable?

V. Other New Business/ Open Mic

ACTION ITEMS:

- Plan speakers for April Webinar.
- Form separate committee for SHIP preconference planning: Plan topics, speakers, Contact potential sponsors for SHIP Preconference lunch, plan/price promotional pieces.
- Determine if we can allow for free preconference registrations (for those not attending SHIP conference).
- Kristi is sending out the executive board member list. Please review and let us know if you see any entities that are missing and should be represented.