Maryland State School Health Council: Executive Committee Meeting

MEETING INFORMATION

Date: 1/15/2020
Attendees: Ann Kuhn, Beth Marshall, Erin Hager, Jasmia Shropshire, Jason Semanoff, Kristi Corona, Leslie Sessom-Parks, Lisa Lachenmayer, Marla Caplon, Nancy Lever, Rachel Deitch, Sara Booker
Time: 2:30pm-4:00pm
Location: President’s Boardroom
University of Maryland, Baltimore
Saratoga Building, 14th Floor
220 Arch Street
Baltimore, MD 21201

Call-in Information:
Join by WebEx: https://umaryland.webex.com/umaryland/j.php?MTID=m2380b243fad9fcc6163b61221ef10bd2
Meeting number: 734 306 138 Password: MSSHC
Join by phone
+1-415-655-0001 US Toll
Access code: 734 306 138

AGENDA

I. Introductions & Overview of Meeting Purpose (Erin; 5 minutes)
   • Meeting began with introductions from all attendees.

II. Follow-up from last meeting (Erin & LRC; 10 minutes)
   1. Legislative update: e-cigarettes
   3. Discussion
      • Erin has drafted an Op-ed on the topic of vaping
         o Angle: How do we help those that already addicted?
         o To be submitted to the Washington Post.
         o Will get approval from necessary parties prior to submitting.
      • ACTION ITEM: Tina to follow up regarding affiliation with MSSHC.

III. Presentation: Maryland Wellness Policies and Practices Project (Erin & Jasmia; 30 minutes)
Handouts: Maryland Report
Erin Hager, PhD
Associate Professor, University of Maryland School of Medicine
Chair, Maryland State School Health Council
Jasmia Shropshire
Project Coordinator
Maryland Wellness Policies & Practices Project

   • Erin reviewed the most recent MWPPP findings and shared the feedback session process to report back to school systems.

IV. Structured Discussion: 2020 SHIP Conference (30 minutes)
Handouts: 2019 Agenda, Discussion form
1. Recall: Feedback from 2019 (Kristi)
   • Overall positive feedback!
      o Highlights: Panels, Gallery walk, Legislative Process.
      o Suggestions: more networking time, focus on vaping, more time during gallery walk.
   • Broke into groups for brainstorming session.
2. Conference Ideas (small groups):
   1. General Themes/Topics
• Discuss how health departments collaborate with school systems when it comes to promoting physical activity.
• Vaping - Perhaps have Dawn Berkowitz come present and pair with a gallery walk that provides resources for schools.
• Concentrate on poverty grants through Kirwan – perhaps have schools who have already received concentration of poverty grants discuss what have done with the funding.
• If majority of attendees came last year, do a School Health Council 201?
• Physical activity break that can be taken back to schools
• Have principal talk about what health and wellness has done for both the students and staff.
• Legislative update – have separate discussion about what we can expect next year and what we can do to prepare.
• Have round table discussions during lunch vs. a speaker?
• Family and community engagement - panel discussion at minimum

ii. Keynote speakers
• Someone from MSDE
• Local school health council leader – speak about importance of leadership at a district level (superintendent)

iii. Breakout sessions
• Do longer breakout sessions for gallery walk 10 minutes vs 5 minutes - gives extra time for networking.
• Ways to encourage networking throughout the year – identifying networking strategies.

iv. Dr. Lake Award Criteria
• System or state level
• Legacy type award
• Someone involved >5 years
• Contributed to positive change
• A role model for other school districts
• Application: description of their impact in bullet points
• Anyone in WSCC model focused on school health
• Identify by June

v. Other ideas
• Pre-action planning then also do something at the end of the conference like last year.

3. Reporting Out & Group discussion

V. General Updates: (Erin; 10 minutes)
1. Webinar and Executive Committee Schedules / Membership Review
2. Dr. Lake Award Subcommittee Chair: Develop nomination process, review nominations, etc.
3. August In-Person Meeting at SHIP: First meeting in February
4. Others?

VI. Other New Business/ Open Mic (5 minutes)
<table>
<thead>
<tr>
<th>Month/Date</th>
<th>In-Person Meetings (general topics)</th>
<th>Webinar Topic</th>
<th>Speaker ideas/ comments</th>
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| September 18th 2:30-4:00pm | Recap/ set goals for 2019-2020 | Community Involvement | -Heidi Burke  
Greater Rochester Health Foundation Rochester, NY  
-Brian Griffith  
Frederick County Public Schools |
| October 30th 3:30-4:30pm | Community Involvement | -Heidi Burke  
Greater Rochester Health Foundation Rochester, NY  
-Brian Griffith  
Frederick County Public Schools |
| November 20th 2:30-4:00pm | E-Cigarettes: Presentations from Dawn Berkowitz and Brooke Torton | Counseling, Psychological and Social Services | Focus: Suicide Prevention  
-Holly Wilcox, PhD (JHSPH)  
-Carroll County Public Schools  
UMSOL partners- legislative session |
| December January 16th | Counseling, Psychological and Social Services | Focus: Suicide Prevention  
-Holly Wilcox, PhD (JHSPH)  
-Carroll County Public Schools  
UMSOL partners- legislative session |
| January 15th 2:30-4:00pm | MWPPP findings (Erin, Jasmia, others) | Physical Environment | Focus: Water Access  
-CDC Water Access in Schools working group  
-Baltimore County Public Schools  
UMSOL partners- legislative session update |
| February 25th 3:30-4:30 (tentative) | Physical Environment | Focus: Water Access  
-CDC Water Access in Schools working group  
-Baltimore County Public Schools  
UMSOL partners- legislative session update |
| March 18th 2:30-4:00pm | Action Building Exercise: Part 1? | Idea: Spring activity- group model building with local school system partners |
| April Date TBD | Health Services | Tina is organizing- possibly tick-borne illnesses?  
UMSOL partners- legislative session update |
| May 20th 2:30-4:00pm | Action Building Exercise: Part 2? | WSCC model | Idea: how to incorporate the whole model into your local school health council or school (Speaker Ideas…)  
Recess as a WSCC unifying practice: Gabby (NOPREN) |
| June Date TBD | WSCC model | Idea: how to incorporate the whole model into your local school health council or school (Speaker Ideas…)  
Recess as a WSCC unifying practice: Gabby (NOPREN) |
| July | No meeting | State Wide Meeting at SHIP | |
| August | | State Wide Meeting at SHIP | |