# Maryland State School Health Council: Executive Committee Meeting MINUTES

#### **MEETING INFORMATION**

Date: 9/19/18

**Attendees:** Alicia Mezu, Brooke Torton, Denise Garman, Erin Hager, Katie Campbell, Kristi Corona, Lea Gaspers, Megan Lopes, Mellissa Sager, Nick

Thompson, Sally Nazelrod, Tina Backe,

Time: 2pm-3pm

**Location:** 1st Floor Conference Room

737 West Lombard Street Baltimore, MD 21201

**Call-in Information:** 1-866-453-8413

Code: 1880729



## **AGENDA \*ACTION ITEMS**

# I. Introductions (5 minutes)

#### II. Follow-up from last meeting's action items (5 minutes)

- 1. Share webinar on limitations of state employees/ MSSHC for testifying:
- There was a legal statute that may have been dropped. We need to determine what kind of entity the MSSHC is.
- If we would like to focus on legislation, the Legal Resource Center can put a student team together that can draft this legislation and testify.
- Lobbying vs advocacy Brooke/Mellissa have a presentation that they can tailor for MSSHC.
- 2. Compile DLs (n=175... thank you all!)
  - i. Kristi figured out "opt out" option
- Please send Kristi any additional contacts.\*
- DL email list currently includes:
  - SHC Leaders
  - Food Service Directors
  - SHIP Conference attendees
  - Health Services Lead Coordinators
- 3. Executive Board Members to target
  - i. School Mental Health (Sylvia and Nancy)
  - ii. Horizon Foundation (Greg Snyder)
  - iii. Developmental Disability (Tina to reach out) Tina reached out to Tonia Ferguson but has not heard back.\*
  - iv. New MSDE PE specialist still in HR and has not yet been posted.
  - v. Kerry Lowery (School Nurses)-Mellissa reached out, but has not heard back\*
  - vi. Lynn Muller MSDE (Student Services) Lea will reach out.\*

#### III. Vote on Bylaws (Erin; 5 minutes)

- See Handout
- Proposed Changes:
  - o General Body to include non-public RCCI/NPPS Agencies.
  - o Move *Executive Committee* to be above *Executive Board*.
- Changes will be made and sent out via email for a final vote.\*

#### IV. Vote on Executive Committee Positions (nominees) (5 minutes)

- 1. Chair: Erin Hager
- 2. Vice-Chair (MSDE): Lea Jaspers
- 3. Vice-Chair (MDH): Tina Backe
- 4. Secretary: Kristi Corona
- 5. Treasurer: (necessary?)
- 6. Past Chair: Alan Lake
- All voted in favor of the Executive Committee position nominees (no opposition)

#### V. Physical Education Update (Lea; 10 minutes)

- A graduation task force committee in Maryland are reviewing the requirements. A public statement has not been made, however it is likely that they will recommend the HE credit to be increased from 0.5 to 1.0 and PE credit to remain at 0.5, with potential for substitutions
- Public statement should be released soon and the board should vote in late October
- Depending on the final statement, MSSHC may need to compose a letter regarding PE decision.

## VI. Webinar Planning (20 minutes)

- 1. October: E-cigarettes and Tobacco (see handout)
  - i. Distribution list All correspondence be sent out via gmail account no issues that we can think of.
  - ii. Save the Date -Edits to be made: hope to send by Friday
  - iii. Reminders
  - iv. Software
  - v. \*\*AGENDA\*\*
- Dawn generally talks about Tobacco and JUULs we need to get the official title prior to sending Save the Date email. \*
- This topic falls under Health Education in the WSCC model
- Need to get the name of a district for us to highlight and speak on this topic.\*
- Mellissa will speak about the following topics (15 minutes)
  - What the Legal Resource Center can do.
  - o Legislative Process.
  - o Which committees to follow (where to find school health related bills).
- Website:\*
  - Where should this be housed? Currently have an old word press site and have a one under UMB.
  - Could use funds to pay for a URL or should it be under MSDE/MDH?
- 2. December: Ideas needed!
- Employee Wellness:
  - o December is a good time of year to focus on this.
  - Shape America is coming out with a position statement on Employee Wellness.
  - o Wicomico County hired an outside agency to handle their Employee Wellness.

#### VII. Standing Agenda Items (10 minutes) to be discussed in October.

- 1. Building the Executive Committee and the broader MSSHC membership
- 2. Update on Secretary meeting

- 3. 2019 SHIP conference planning
- 4. Spending MSSHC budget in 2018-2019 (\$5000)

## VIII. Other New Business/ Open Mic

#### To Discuss in October (10/17, 2-3pm)

- 1. Presentation by Donna Balado, Green Schools Network
- 2. Healthy Schools Award
  - Possible state funding
  - Anne Arundel's model: <a href="https://www.aacps.org/Page/1284">https://www.aacps.org/Page/1284</a>
  - Contact Maryland Green Schools about application process/ if reviewers are paid.
  - Sally has the name of someone who we can use as a resource for this. (Sally will reach out.)\*
- 3. Planning 2018-2019 Listening Sessions
  - System-level supervisor meetings: Counsellors? Nurses? Food Service Directors?
- 4. Website Content

#### \*Summary of Action Items:

- 1. Please send Kristi any additional contacts you would like included in DL.
- 2. Tina to follow up with Tonia Ferguson about joining the MSSHC.
- 3. Lea will reach out to Lynn Muller MSDE (Student Services).
- 4. Proposed changes to the Bylaws will be made and sent out for a final vote.
- 5. Will make all necessary changes to the Save the Date and send it out to the DL.
  - a. Need official title for Dawn's presentation Tobacco and JUULs
  - b. Update the Legal Resource Centers presenter/time
  - c. Remove Website
- 6. Need to figure out where the MSSHC website should be housed if not within UMB.
- 7. Sally will reach out to her contact that we can use as a resource for the Healthy Schools Award.