# Maryland State School Health Council: Executive Committee Meeting

## **MEETING INFORMATION**

Date: 11/20/18 **Attendees:** Alan Lake, Alicia Mezu, Brooke Torton, Erin Hager, Katie Campbell, Kerri Lowrey, Kristi Corona, Lea Jaspers, Lisa Lachenmayr, Louise Fink, Marla Caplon, Megan Lopes, Michaeline Fedder, Nancy Lever, Rachel Deitch, Tina Backe **Time**: 2pm-3pm **Location**: 1<sup>st</sup> Floor Conference Room 737 West Lombard Street Baltimore, MD 21201 **Call-in Information**: 1-866-453-8413 Code: 1880729



# \*ACTION ITEMS

## **MINUTES**

## I. Introductions (5 minutes)

#### II. Webinar Planning (20 minutes)

- 1. October Webinar follow-up
  - A successful first webinar! We received only positive feedback.
  - Did not receive many questions so we should have some prepared for future webinars in case we have time for some Q&A.
- 2. December Tuesday December 18, 3:30 PM 4:30 PM
  - i. Topic: Employee Wellness
  - ii. Identify potential speakers
    - 1. NACDD <u>Healthy School, Healthy Staff, Healthy Students: A Guide to Improving School</u> <u>Employee Wellness</u>
    - 2. Wicomico County (Nick Thompson)
    - 3. Prince George's County Nana sent contact (Employee Wellness Staff)
    - 4. Healthiest Maryland Businesses (Caroline Green)
  - Overall Outline: (need to follow with all speakers to confirm)
    - WSCC Topic Employee Wellness \*
    - Speaker –NACDD Healthy School PDF. Erin emailed author to see if she could speak \*
    - School System Highlight –Panel of 2-3 counties to highlight multiple counties since the efforts are so variable. \*
    - Exec Board Speaker Caroline Green, Healthiest Maryland Businesses\*
  - We should try to highlight all 24 counties by end of two years.
  - While focusing on Employee Wellness, in addition to Employee's Health and possible insurance cost reductions, we should also mention another value how it transfers to student health.
  - Thought process with outline of Webinar:
    - Here's what you can do.
    - *Here's what people are doing.*
    - Here's a resource if you're not doing anything yet.

- *iii.* Save the Date timeline November 26<sup>th</sup> will include link to recording of last webinar in case anyone missed it.
- *3.* Set date and topic for February \*
  - February Topic: Physical Activity
    - o February 6, 2019 3:30-4:30PM
    - Ideas: Shape MD, PE Specialist, Legislative Discussion
  - April Topic: Family Engagement and Smart Snack Standards
  - June Topic: Opioids

## III. Website (15 minutes)

- 1. MSDE has created a new website for us:
  - i. http://marylandpublicschools.org/about/Pages/MSSHC/index.aspx
  - ii. The URL will be changed to : <u>http://marylandpublicschools.org/MSSHC</u>
  - Please review and provide feedback for any suggested changes.\*

# IV. Planning 2018-2019 Listening Sessions (10 minutes)

- 1. System-level supervisor meetings: Counsellors? Nurses? Food Service Directors?
  - School-Based Health Centers meet 4 times a year. Perhaps do an overview of Wellness Policies and Nutritional Resources at spring meeting?
  - School Health Services Coordinator meeting in spring.

# V. Standing Agenda Items (10 minutes)

- 1. Healthy Schools Award
- 2. Building the Executive Committee and the broader MSSHC membership
- 3. Update on Secretary meeting.
- 4. 2019 SHIP conference planning
  - i. Planning meeting Tuesday, November 27<sup>th</sup>.
  - Need to decide on dates, speakers, themes and ideas regarding workshops.
  - What topic would attract people to get more to come?
  - Plan a pre-conference.
  - Kristi sent contact to Nancy for AAMC's Conference Center.
- 5. Spending MSSHC budget in 2018-2019 (\$5000).
- 6. Parent and/or student advisory board.
  - How to get advisory board members Would we have to incentivize or would they want to be a part of it on their own?
  - We could do it via Webex.
- 7. Still determining what type of legal entity the MSSHC is. We could have a bill that clarifies this more info to come.

## VI. Other New Business/ Open Mic

**UPCOMING DATES** 

Next Webinar: December 18<sup>th</sup> 3:30 – 4:30 PM Next Executive Board Meeting: December 19<sup>TH</sup> 2:00 – 3:00 PM