Maryland State Department of Education

Restraint and Seclusion Data Collection

Chapter 611 (SB 786)

February 28, 2018

Restraint and Seclusion—Consideration and Reporting (SB786/Chapter 611)

Each local school system, public agency, and nonpublic special education school shall submit to MSDE annually:

1. Number of physical restraint incidents disaggregated by disability, race, gender, age, and type of placement;

2. Number of seclusion incidents disaggregated by disability, race, gender, age, and type of placement;

3. Professional development provided to designated school personnel related to positive behavioral interventions, strategies, and supports;

4. Professional development provided to designated school personnel related to trauma-informed interventions;

5. Documentation of personal observation and review of seclusion rooms; and

6. Documentation of review of training plans for the use of seclusion.

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Rationale

◻ Provides a centralized state-level data collection process for restraint and seclusion;

◻ Facilitates data-based decision making that can identify approaches to student behavior at the school, system, and state level; and

◻ Provides an opportunity for school teams, central office teams, and the state team to identify trends and patterns with regard to the data collection.

Definitions

- **Nonpublic School**—School that receives funds from MSDE to provide special education and related services to students with disabilities.

- **Public Agency**—MSDE, local school system, Maryland School for the Deaf, The Maryland School for the Blind.

- **Mechanical Restraint**—the use of any device or material attached or adjacent to the student's body that restricts freedom of movement or normal access to any portion of the student's body and that the student cannot easily remove. Does not include a protective or stabilizing device ordered by a physician when it is used as prescribed.

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Definitions, cont'd

□ ***Physical Restraint***--the use of physical force, without the use of any device or material, to restrict the free movement of all or a portion of a student's body. It does not include: briefly holding a student in order to calm or comfort the student; holding a student's hand or arm to escort the student safely from one area to another; moving a disruptive student who is unwilling to leave the area when other methods such as counseling have been unsuccessful; or breaking up a fight in the school building or on school grounds.

❑ ***Seclusion***--means the confinement of a student alone in a room, an enclosure, or any other space from which the student is physically prevented from leaving.

Note: Definitions are from Maryland Education Article § 7-1101

Data Collection

- ☐ The data will be collected using Survey Monkey.

- ☐ The survey will be open from June 1, 2018 to June 29, 2018.

- ☐ The link will be emailed to POCs once the survey open.

- ☐ The data submitted will span from July 1, 2017 to June 1, 2018.

Data Collection, cont'd

- No student-level data will be collected.
- The data only need to be entered once into the survey.
- The data will be entered in the aggregate.
- Some items will ask for total numbers.
- Other items will ask for student characteristics.

Data Collection, cont'd

☐ Example of Items asking for Total Numbers:

■ Total Number of Restraints; and

■ Total Number of Seclusions.

☐ Example of Items asking for Student Characteristics:

■ Number of Students by Age who were Restrained; and

■ Number of Students with a 504 Plan who were Secluded.

Tips for Collaborating with Schools

- ☐ Determine the data collection tools that are currently being used at the school.

- ☐ Identify any areas that are required by the MSDE that are not currently being collected (i.e., age of students, disabilities of students, etc.).

- ☐ Determine the best way to collect that information.

Tips for Collaborating with Schools, cont'd

☐ MSDE is requiring that the data be collected, but is not requiring the use of a standard form.

☐ Systems are encouraged to use the format that works most effectively for them and which obtains the required data.

☐ If you would like assistance or would like to see some samples of templates that you may use as a model, please contact Deborah at deborah.nelson@maryland.gov

Tips for Collaborating with Schools, cont'd

□ Please make schools aware that other data are required as well. Those data include the following:

- Professional development related to positive behavioral, interventions, supports, and strategies;

- Professional development related to trauma;

- Observation of seclusion rooms; and

- Review of training plans used for seclusion training.

□ Please identify the best way to collect these data as well.

FAQ for Survey

What Timeframe is Being Used for the First Data Collection?

❑ Data submitted should span from **July 1, 2017-June 1, 2018.**

❑ Data put into the MSDE survey should include aggregate numbers of restraint and seclusion events; the demographic characteristics for those students who have been restrained or secluded, observations of seclusions rooms; and documentation of training.

FAQ for Survey, cont'd

What if a School Does not Have a Formal Data Collection Tool for Restraint and Seclusion Incidents?

❑ MSDE can provide a sample that can be used as a model to facilitate the collection of data. This can be used or another template can be used that captures the required data.

❑ Each school in the school system, public agency, or nonpublic school should submit the collected data to the identified point of contact.

❑ Each point of contact will then input the data into the MSDE Survey Monkey.

FAQ for Survey, cont'd.

When counting incidents, if a student has been restrained or secluded Multiple Times,
How is that Counted?

❑ In this data collection, the MSDE is required to collect the number of restraint and or seclusion events. Each event counted separately, even if the same student is involved. So for example, if Student A has been restrained 5 times, that counts as 5 seclusion events.

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FAQ for Survey, cont'd.

Some Items Require Student Characteristics, How should those Numbers be Entered?

❑ In this data collection, the MSDE is required to collect the number of students with characteristics, such as the number of students restrained who are from a certain race or ethnic group, etc.

❑ Those numbers are not duplicated and should reflect the total number of students who have been restrained.

FAQ for Survey, cont'd.

How is Information on Professional Development, Observation of Seclusion Rooms, and Review of Training Plans Entered?

❑ The individual entering the data will be asked to identify the professional development provided using a checklist;

❑ Certify the observation of seclusion rooms (e.g., yes or no);

❑ Certify the review of training plans for seclusion (e.g., yes or no); and

❑ Identify any findings from the observation of seclusion rooms and the review of training plans.

Tips for Inputting Data

☐ Please gather all data and calculate all totals before inputting into Survey Monkey.

☐ Please double check all numbers to ensure accuracy.

☐ The survey should be completed once for each school system, public agency, and nonpublic school. If you discover an error after the submission, please contact Deborah Nelson at deborah.nelson@maryland.gov.

☐ For copies of the sample template to share with schools for data collection, contact Deborah Nelson at deborah.nelson@maryland.gov.

Questions and Answers

MSDE Contact for Restraint and Seclusion Data Collection

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