

Maryland State School Health Council: Executive Committee Meeting

MEETING INFORMATION

Date: 11/20/18

Attendees: Alan Lake, Alicia Mezu, Brooke Torton, Erin Hager, Katie Campbell, Kerri Lowrey, Kristi Corona, Lea Jaspers, Lisa Lachenmayr, Louise Fink, Marla Caplon, Megan Lopes, Michaeline Fedder, Nancy Lever, Rachel Deitch, Tina Backe

Time: 2pm-3pm

Location: 1st Floor Conference Room
737 West Lombard Street
Baltimore, MD 21201

Call-in Information: 1-866-453-8413
Code: 1880729



*ACTION ITEMS

MINUTES

I. Introductions (5 minutes)

II. Webinar Planning (20 minutes)

1. October Webinar follow-up
 - A successful first webinar! We received only positive feedback.
 - Did not receive many questions so we should have some prepared for future webinars in case we have time for some Q&A.
2. December - Tuesday December 18, 3:30 PM – 4:30 PM
 - i. Topic: Employee Wellness
 - ii. Identify potential speakers
 1. NACDD *Healthy School, Healthy Staff, Healthy Students: A Guide to Improving School Employee Wellness*
 2. Wicomico County (Nick Thompson)
 3. Prince George's County – Nana sent contact (Employee Wellness Staff)
 4. Healthiest Maryland Businesses (Caroline Green)
- Overall Outline: (need to follow with all speakers to confirm)
 - **WSSC Topic – Employee Wellness ***
 - **Speaker** –NACDD Healthy School PDF. Erin emailed author to see if she could speak *
 - **School System Highlight** –Panel of 2-3 counties to highlight multiple counties since the efforts are so variable. *
 - **Exec Board Speaker** – Caroline Green, Healthiest Maryland Businesses*
- We should try to highlight all 24 counties by end of two years.
- While focusing on Employee Wellness, in addition to Employee's Health and possible insurance cost reductions, we should also mention another value - how it transfers to student health.
- Thought process with outline of Webinar:
 - *Here's what you can do.*
 - *Here's what people are doing.*
 - *Here's a resource if you're not doing anything yet.*

