

# Maryland State School Health Council State-Wide School Wellness Meeting

*Making Wellness Work: The Value of System-Level School Health Councils*

August 6<sup>th</sup>, 2019

## AGENDA

**9:00– 9:30am**

### **Registration**

**9:30–9:45am**

### **Introduction**

Erin Hager, PhD

*Chair, Maryland State School Health Council*

*Associate Professor, University of Maryland School of Medicine*

**9:45–10:30am**

### **Advancing Population Health: The Role of Schools**

Cheryl De Pinto, MD, MPH, FAAP

*Director, Office of Population Health Improvement*

*Maryland Department of Health*

**10:30-10:45am**

### **School Health Council 101**

Erin Hager, PhD

**10:45-11:00am**

### **Physical Activity Break**

Perri Carroll, MPH and Joy Lloyd-Montgomery, MPH

*Wellness Specialists, Wellness Champions for Change*

*University of Maryland School of Medicine*

**11:00am-11:30am**

### **Panel #1: Creative Strategies for Funding Wellness Champions in Schools**

Adrian B. Talley, Ed.D.

*Director of Community Schools*

*Prince George's County Public Schools*

Tamara J. Mills

*Coordinator of Instruction*

*Worcester County Public Schools*

Moderator: Lea Jaspers, M.S.

*Health Education Specialist*

*Maryland State Department of Education*

*Vice President, Maryland State School Health Council*

**11:30-12:15pm**

### **Panel #2: Best Practices for Engaging Administrators, Teachers, and Staff to Promote Health & Wellness**

Marla Caplon, R.D., L.D.

*Wellness Coordinator*

*Montgomery County Public Schools*

Brian Griffith, M.Ed.

*Specialist for Secondary Health Education & Physical Education*

*Frederick County Public Schools*

Stacy Mazcko, R.D.

*Food Service Specialist*

*Anne Arundel County Public Schools*

Maureen Grizio

*Health Education Resource Teacher*

*Health, Physical Education, & Dance*

*Anne Arundel County Public Schools*

Moderator: Tina Backe, M.A.

*Health Policy Analyst*

*Maryland Department of Health*

*Vice President, Maryland State School Health Council*

**12:15-1:30pm**

### **Lunch and Presentation: Maryland's Legislative Process and Local Involvement**

Brooke Torton, JD

*Deputy Director, Legal Resource*

*Center for Public Health*

*University of Maryland Francis King*

*Carey School of Law*

Kerri Lowrey, JD

*Deputy Director, The Network for Public*

*Policy Health Law – Eastern Region*

*University of Maryland Francis King*

*Carey School of Law*

**1:30-2:45pm**

**Gallery Walk**

*3-5 minute presentations followed by group discussion repeated in 10 minute intervals over an hour.*

	<b>Topic</b>	<b>Moderator/Speaker</b>
1	Advocating for More Physical Education Time for Students	Nick Thompson <i>Supervisor of Physical Education, Health, and Family &amp; Consumer Sciences Wicomico County Public Schools</i>
2	Alternative Discipline and Restorative Practices	Kimberly A. Buckheit, M.Ed. <i>Specialist, School Completion and Alternative Programs Maryland State Department of Education</i>
3	Condom Distribution in Schools	Kerrie Wagaman RN, MSN, BSN, NCSN <i>Coordinator of Health Services Howard County Public Schools System</i>
4	Family Engagement for School System Wellness Promotion	Megan Lopes, MPH <i>Staff Specialist Maryland State Department of Education</i>
5	Supporting Schools to Successfully Engage Parents as Wellness Partners	Brittany Ledford <i>Mid-Atlantic State Coordinator Action for Healthy Kids</i>
6	Skills-based Health Education & Health Literacy	Brian Griffith, M.Ed. <i>Specialist for Secondary Health Education and Physical Education Frederick County Public Schools</i>
7	Staff Resilience	Michelle Caruso, MPH, RD <i>Healthy Schools Program Manager, Mid-Atlantic Alliance for a Healthier Generation</i>
8	Wellness Awards	Maneka Monk <i>Senior Manager of Communications Anne Arundel County Public Schools</i>

**2:45-3:15pm**

**Group Activity/ Action Planning**

Facilitator: Megan Lopes, MPH  
*Staff Specialist  
Office of School and Community Nutrition Programs  
Maryland State Department of Education*

**3:15-3:30pm**

**Closing**