

Maryland State School Health Council: Executive Committee Meeting

MEETING INFORMATION

Date: 5/15/19

Attendees:

Time: 2:00pm-3:00pm

Location: 1st Floor Conference Room
737 West Lombard Street
Baltimore, MD 21201

Call-in Information: 1-866-453-8413
Code: 1880729



AGENDA

I. Introductions (5 minutes)

II. Webinar Planning (20 minutes)

1. April Webinar – Social & Emotional Climate
 - i. Attendees: 30
 - ii. Recording and slides were posted to our webpage
 - iii. Additional Recording Views: 9
2. June Website: Family Engagement
 - i. June 6, 2019, 3:30 – 4:30PM
 - ii. Speaking Ideas:
 1. The role of family engagement at schools/school systems -MSDE, or LEA representative
 2. Summer Meals and Informing Families about Summer Meals- Samantha Bader (confirmed already)
 3. Engaging Families at Summer Meal Sites- LEA/possibly Anne Arundel County Public Schools (possibly Jodi Risse or another one of her staff; one of their summer meals sites has a farmers market attached to it and they are reaching parents/families and students in this capacity)
 4. Family Wellness Engagement Toolkit- Katie/Megan

III. SHIP Preconference Planning (25 minutes)

Purpose: To support Local School Health Councils in building capacity through tools for family engagement, resource-sharing, and best practices for reaching administrators, teachers, staff, and students to promote health and wellness.

1. Tuesday, August 6th 2019
2. **we need a cool name!
3. **Pre-Conference Agenda**

9:00 – 9:30am	Registration
9:30–10:30am	Introduction and Keynote Speaker
10:30-10:45am	Physical Activity Break and Mini Presentation about PA Breaks
10:45-12:00pm	Panel Discussion: Building LSHC Capacity
12:00–1:00pm	Lunch and Speaker on Legislative Process in Maryland (Brooke Torton)
1:00-2:00pm	Gallery Walk
2:00-3:00pm	Group Activity/ Action Planning (worksheet)
3:00-3:30pm	Closing

4. Intro Speaker Ideas (discuss)
 - i. Deputy Superintendent/Principal
 - ii. Cheryl Depinto
5. Panel (aligns with purpose)
 - i. Tools for Family Engagement (Megan)
 - ii. Resource Sharing - PG, Calvert, Worcester, Annapolis?
 - iii. Best practices for reaching administrators, teachers and staff to promote health and wellness (Marla)
6. Gallery Walk Topics – 8 stations, 10 mins each (need one more and speakers for each)

Topic	Moderator/Speaker
1. Skills-based health education	Lea
2. Tobacco/E-cigarettes	
3. Alternative Discipline	
4. Staff Resilience	
5. Integrating School Safety into LSHC	(Calvert County?)
6. Suicide Prevention (Plug for ship?)	
7. Health Literacy	Brian Griffith?
8. ???	Nadja-Alliance, RISE, Kaiser, Action for Healthy kids – Erin to reach out to see which topic they would like to speak on

7. Action Planning Worksheet. (see draft)

IV. Plans for next 2019-2020 (10 minutes)

1. Reach out to potential new members and invite to pre-conference.
2. Speaker suggestions for monthly meetings
3. Healthy School Award

V. Other New Business/ Open Mic