

# Maryland State School Health Council: Executive Committee Meeting

## MEETING INFORMATION

Date: 5/15/19

Attendees:

Time: 2:00pm-3:00pm

Location: 1<sup>st</sup> Floor Conference Room  
737 West Lombard Street  
Baltimore, MD 21201

Call-in Information: 1-866-453-8413  
Code: 1880729



## AGENDA

### I. Introductions (5 minutes) Last meeting of the 2018-2019 school year!

### II. Webinar Planning (20 minutes)

1. April Webinar – Social & Emotional Climate
    - i. Attendees: 30
    - ii. Recording and slides were posted to our webpage
    - iii. Additional Recording Views: 9
  2. June Webinar: Family Engagement
    - i. June 6, 2019, 3:30 – 4:30PM
    - ii. Speaking Ideas:
      1. The role of family engagement at schools/school systems -MSDE, or LEA representative
      2. Summer Meals and Informing Families about Summer Meals- Samantha Bader (confirmed already)
      3. Engaging Families at Summer Meal Sites- LEA/possibly Anne Arundel County Public Schools (possibly Jodi Risse or another one of her staff; one of their summer meals sites has a farmers market attached to it and they are reaching parents/families and students in this capacity)
      4. Family Wellness Engagement Toolkit- Katie/Megan
- 6 of 24 school systems have been highlighted, so far. We should try to highlight all school systems over the 10 webinars.
  - June Webinar Agenda:
    - Summer Meals Overview – Samantha Bader, MSDE
    - Outreach to Families at Summer Meals Sites – Jodi Risse, AACPS
    - Family Engagement within the Whole School, Whole Community, Whole Child Model – Teresa Tudor, AACPS
    - Family Engagement Wellness Toolkit – Megan Lopes, MSDE

### III. SHIP Preconference Planning (25 minutes) \*Next Planning meeting is 5/23 from 3-4PM

Purpose: To support Local School Health Councils in building capacity through tools for family engagement, resource-sharing, and best practices for reaching administrators, teachers, staff, and students to promote health and wellness.

1. Tuesday, August 6<sup>th</sup> 2019
2. \*\*we need a cool name!
  - Making Wellness Work: The Value of System-Level School Health Councils

### 3. Pre-Conference Agenda

#### DRAFT AGENDA

August 6<sup>th</sup> 2019

**9:00– 9:30am                      Registration**

**9:30–9:45am                      Introduction**

**9:45–10:30am                      Keynote Speaker**  
Cheryl De Pinto, MD, MPH, FAAP  
*Director, office of Population Health Improvement*  
*Maryland Department of Health*

**10:30-10:45am                      School Health Council 101**  
Erin Hager, PhD  
*Chair, Maryland State School Health Council*  
*Associate Professor, University of Maryland School of Medicine*

**10:45-11:00am                      Physical Activity Break**

**11:00am-12:15pm                      Panel Discussions: Resource Sharing**  
**Panel #1: Creative Strategies for Funding Wellness Champions in Schools**  
*Speakers TBA*  
**Panel #2: Best Practices for Reaching Administrators, Teachers, and Staff to promote Health and Wellness**  
*Speakers TBA*

**12:30–1:15pm                      Lunch and Speaker**

**1:30-2:45pm                      Gallery Walk, Speakers TBA**  
*Up to 10 unique school wellness topics offered in 10 minute repeated sessions over an hour. Topics will include family engagement, skills-based health education, non-food fundraisers/ events, and much, much more!*

**2:45-3:15pm                      Group Activity/ Action Planning**

**3:15-3:30pm                      Closing**

### 4. Intro Speaker Ideas (discuss)

- i. Cheryl Depinto –social determinants of health, total cost of care, and how school health and local integration of programs is a population health approach.
- Add “School Health Council 101”: *What is it, what does COMAR say, what are some models in MD*

### 5. Panel (aligns with purpose)

- i. Tools for Family Engagement (Megan) **Moved to Gallery Walk topics**
- ii. Resource Sharing - **Dr. Talley (Prince George’s county), Britta Sparks (Calvert County), Tamara Mills (Worcester County)**
- iii. Best practices for reaching administrators, teachers and staff to promote health and wellness (Marla)

- Should give template for slides to make everyone's presentation uniform. 5 Mins/speaker, 20 minute discussion.

6. Gallery Walk Topics – 8 stations, 10 mins each (need one more and speakers for each)

<b>Topic</b>	<b>Moderator/Speaker</b>
1. Skills-based health education & Health literacy	Brian?
2. Alternative Discipline and Restorative Practices	Who?
3. Staff Resilience	Who?
4. Integrating School Safety into LSHC	(Calvert County?)
5. Advocating for more PE time	Nick?
6. Family Engagement	Megan?
7. Sexual Violence Prevention	Lea?
8. Fundraisers and Events	

7. Action Planning Worksheet. (see draft)

**IV. Plans for next 2019-2020 (10 minutes)**

1. Reach out to potential new members and invite to pre-conference.
2. Speaker suggestions for monthly meetings
3. Healthy School Award

**V. Other New Business/ Open Mic**