



# Nutrition Services

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Office Of School And Community Nutrition Programs



# Key Information

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- Public schools throughout Maryland ordered to close
  - March 13, 2020
- Non-essential child care throughout Maryland ordered to close
  - March 27, 2020
- Meals being served through the USDA Summer Food Service Program (SFSP)

# Waivers

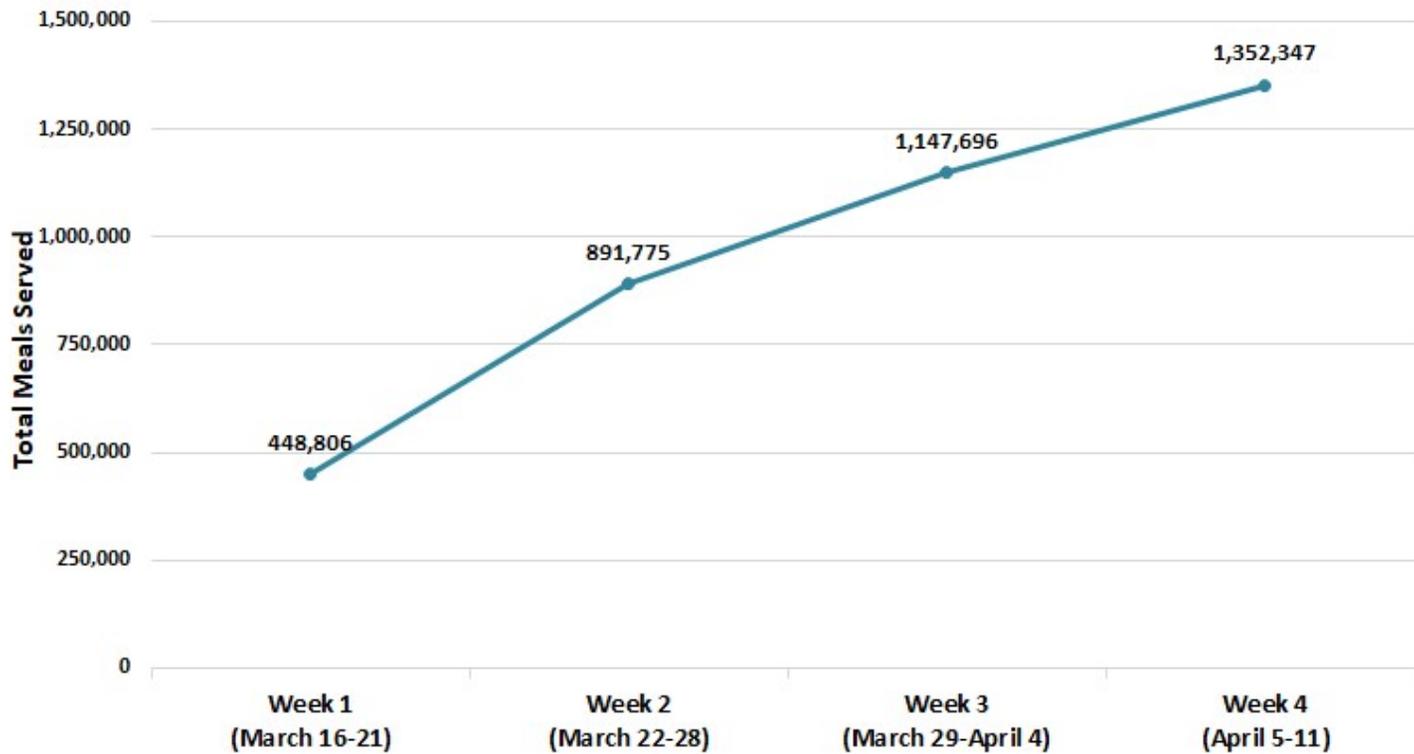
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- Allows non-congregate feeding, participants to take meals off-site
- Waives 50% site eligibility requirements, all sites eligible
- Waives time restrictions, allowing multiple meals to be served
- Allows parents to pick up meals for children
- Allows deviation from meal pattern due to food unavailability



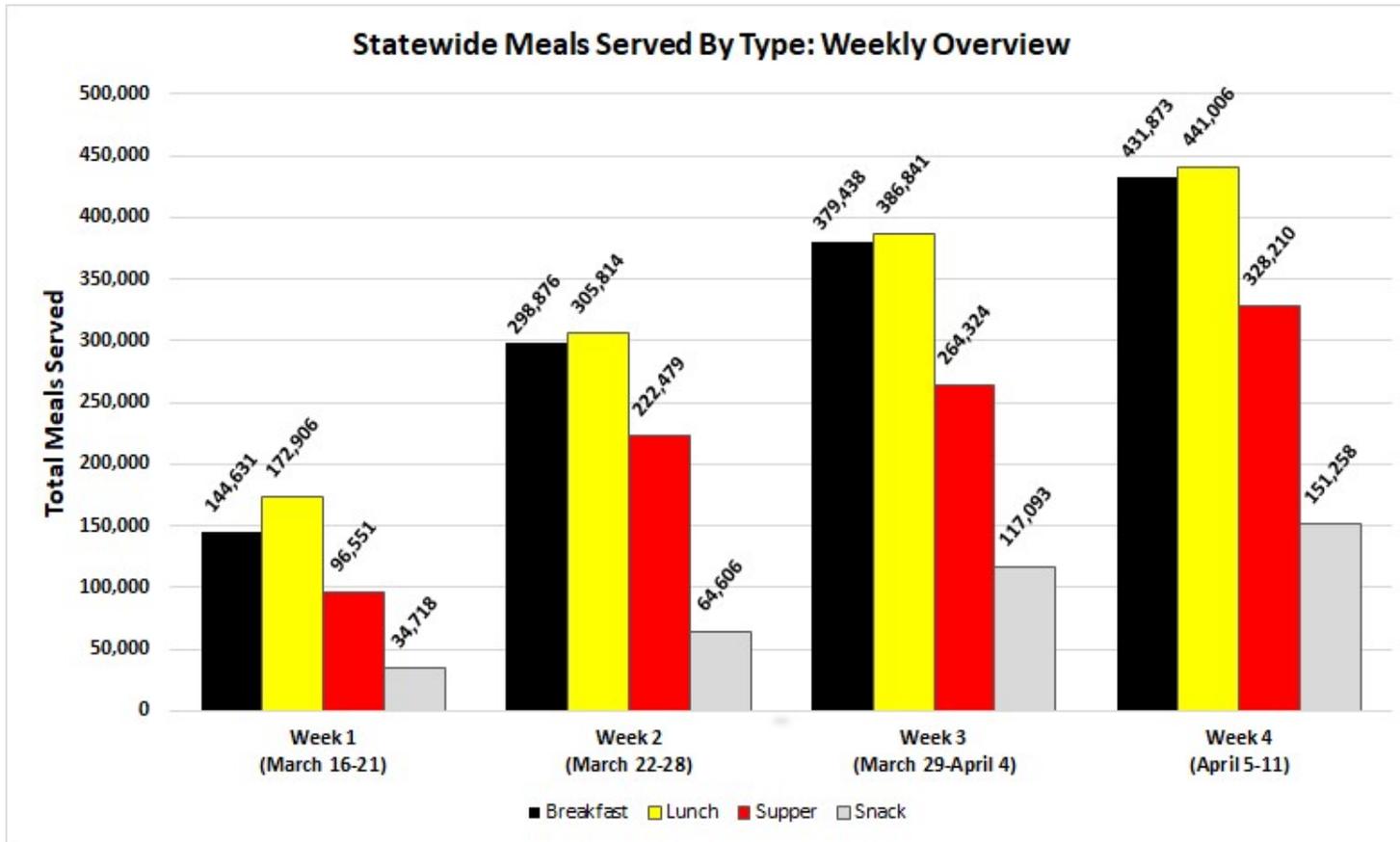
### Statewide Meals Served: Weekly Overview



Over 3.8 million meals served as of April 13, 2020.

Meals service expanded and increased each week.

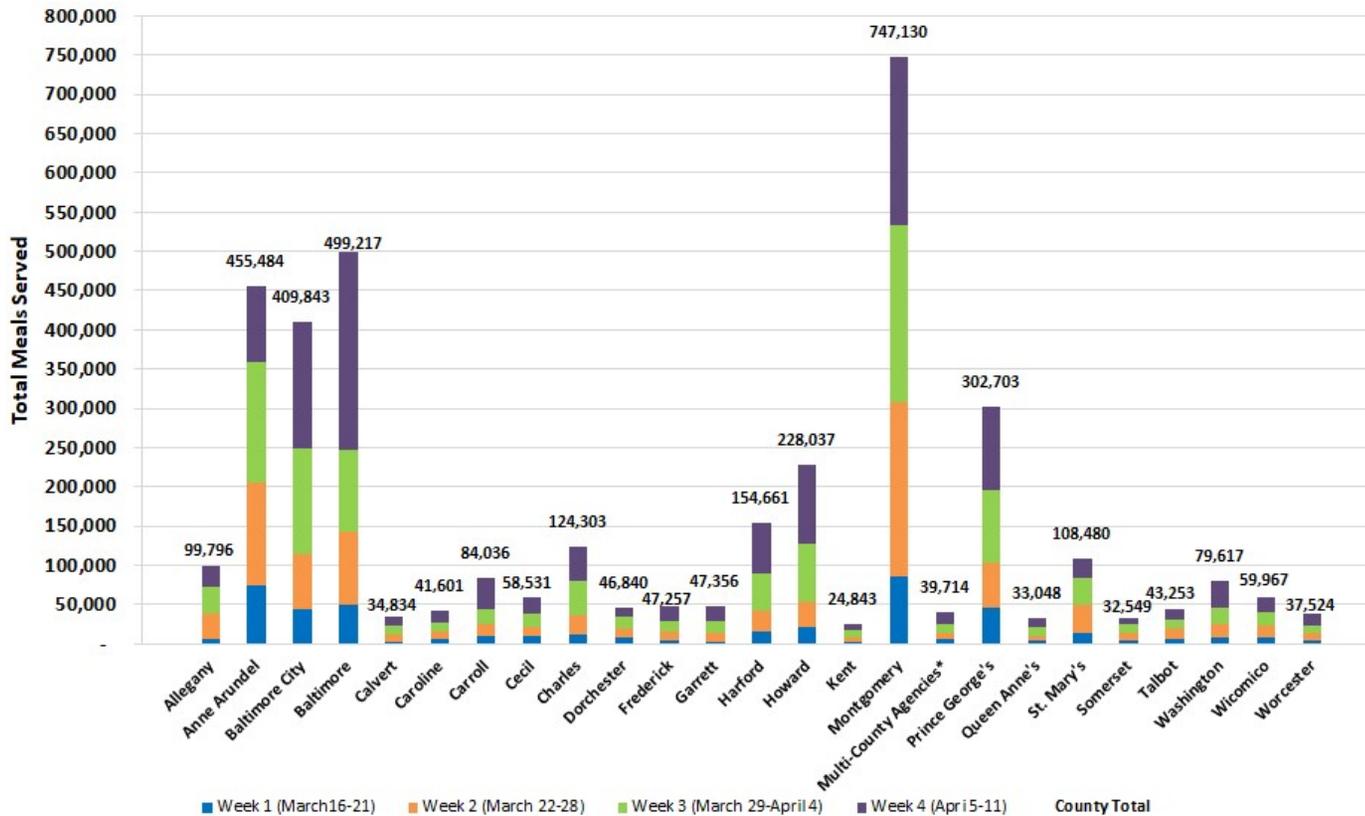
Week 4 includes data during Spring Break.



Agencies are able to serve multiple meals in one meal time.

Consistent increase across all meal types.

Total Meals Served by County

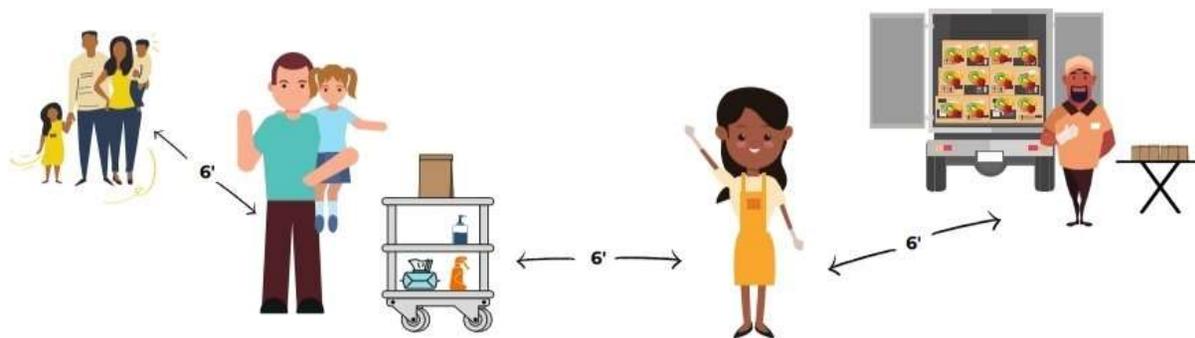


Waiver allowing all site locations as area eligible.

Meals served varies due to county size and region.

# Meals Delivered to Outdoor Locations

How to Stay 6 Feet (6') Apart While Serving Meals



**Practice no contact hand-offs.**  
When giving food to families, don't make physical contact with others. Sanitize hands and surfaces regularly.



A Collaborative Resource from Center for Ecoliteracy & LunchAssist  
With expert guidance from School Meals That Rock.

Updated March 30, 2020 ©LunchAssist 2020 For more information go to [www.lunchassist.org](http://www.lunchassist.org)



## Meal Service and Social Distancing

### Challenges:

- Small kitchens
- Meal handoff
- Program integrity



## Social Distancing

- Creating barriers
- Visual cues
- Partnerships



## Meal Distribution

- Using school buses
- Refrigerated trucks
- Establishing new sites



#### Heating Instructions for Frozen Items

\* Please note: All microwaves and ovens vary in power; therefore, all cooking times are approximate and may need to be adjusted.

PRODUCT	OVEN 	MICROWAVE 
<b>Biscuit</b>	Lay frozen biscuit on baking sheet Heat at 375°F for 15-18 minutes until golden brown.	No microwave instructions available.
<b>Cheese, Egg on Bun or In Flour Tortilla</b>	Thaw product before heating Heat at 275°F for 15-17 minutes. Do not heat above 275°F	Heat on high 30-40 seconds
<b>Lasagna Meal or Macaroni &amp; Cheese Meal</b>	Do not open package. <b>Frozen:</b> Heat at 325°F for 35-37 minutes. <b>Thawed:</b> Heat at 325°F for 20-23 minutes. Let stand for 10 minutes before eating	Do not open package. Heat on high for 3-4 minutes. Open package, stir and re-cover to cook an additional 1-2 minutes. Let stand for 1 minute before eating.
<b>Pepperoni Stuffed Sandwich</b>	Heat at 350°F for 15 minutes. Rotate product in oven, heat for an additional 13-15 minutes.	Heat on high 2-2:30 minutes
<b>Pizza Slice</b>	Place pizza on baking sheet Thaw product before heating Heat at 350°F for 15-17 minutes	No microwave instructions available
<b>Popcorn Chicken Bites</b>	Place product on baking sheet Heat at 350°F for 10-12 minutes	No microwave instructions available
<b>Pork Sausage Patty</b>	Thaw product before heating Heat at 350°F for 10-12 minutes	Thaw product before heating Heat on high for 60-70 seconds
<b>Pancakes or Waffles</b>	Place frozen pouches in a single layer on baking sheet. Heat for 13-15 minutes at 350°F. *DO NOT place pouches directly on oven rack or let pouch touch oven sides.	Heat on high 45 seconds
<b>Pork Sausage Biscuit or with Cheese on Bun</b>	Thaw product before heating Heat at 350°F for 8-12 minutes	Thaw product before heating Open one end of wrapper Heat on high for 60-70 seconds Wait 10 seconds and enjoy
<b>Turkey Corn Dog Nuggets</b>	Place product on baking sheet Heat at 350°F for 10-15 minutes	Heat on high for 60 seconds Let stand 1 minute before serving

\*\* Upon heating product will be hot. Consume with caution. \*\*

The USDA and MSDE are equal opportunity providers.



## Multi-Day Meal Service

- Day-of fresh meal & next day(s) frozen meals
- Instructions for storage and heating



## Morale

- Signage and decorations
- School mascots
- Regular staff



For updated data and  
information:

Visit

**[EatSmartMaryland.org](http://EatSmartMaryland.org)**