

# School Health Services and Wellness

A Partnership of Two Councils  
for Anne Arundel County Students

# Anne Arundel County Department of Health School Health Advisory Council

- ▶ Meets twice per school year
  - ▶ Shares school nursing updates
    - Health room statistics
    - Chronic Health Condition statistics
    - Case Management outcome statistics
  - ▶ Shares information
    - Immunizations
    - Communicable Diseases
  - ▶ Attendees
    - School Health leadership
    - Other Department of Health representatives
    - Food and Nutrition Services
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# Anne Arundel County Public Schools Wellness Council

- ▶ 10 Subcommittees based on the 10 Component Model Of School Health
  - ▶ Professional Development from each subcommittee
  - ▶ Policy Component for each subcommittee
  - ▶ Wellness Highlights – activities throughout the county
  
  - ▶ Mission, goals and objectives intersected with School Health Advisory Council
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# Anne Arundel County Public Schools Wellness Council

## Attendees

- School health leadership
  - Other Department of Health Representatives
  - Food and Nutrition Services
  - AACPS leadership
  - Student Services
  - Physical Education and Health Resources Teachers
  - Principals representing each grade level
  - Board of Education members
  - Community members and stakeholders
  - Student members
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**WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD**  
*A collaborative approach to learning and health*



# School Health Services Council at Wellness Council meetings

- ▶ Meet twice a year
  - ▶ Separate agenda
  - ▶ Separate sign-in sheets
  - ▶ Separate minutes
  
  - ▶ Expanded audience
  - ▶ Active collaboration
  - ▶ Sharing knowledge and skills
  - ▶ Sharing resources
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# School Health Services Council at Wellness Council meetings

## ▶ Opioid Crisis in Anne Arundel County

Narcan in health rooms

Narcan training

Start Talking Maryland Act

“Not My Child” Program

STAR (Screen Teens To Access Recovery) Program

“Meet The Coach” Nights

Substance Abuse Prevention Toolkit

# School Health Services Council at Wellness Council meetings

- ▶ **Emergency Preparedness**

  - Emergency Plans

  - Trauma Kits

  - “Stop The Bleed” Program –use of tourniquets

- ▶ **Resources**

  - Communicable Diseases –outbreaks, practices

  - Immunizations

  - Prevention and health practices – flu season

    - “Wash Your Hands, Don’t’ Touch Your Face”

# School Health Services Council at Wellness Council meetings

- ▶ Wellness Practices
  - ▶ Advocate for improved Wellness at school
  - ▶ School Wellness Teams
  - ▶ Participate in Wellness activities
  - ▶ Promote Wellness Schools of Distinction
  - ▶ Wellness Toolkit – Health Services
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# School Health Services Council at Wellness Council meetings

- ▶ Eliminating the Achievement and Opportunity Gap
  - ▶ Community Schools of the Kirwan Commission Grant
  
  - ▶ **You can't educate a child who isn't healthy, and you can't keep a child healthy who isn't educated" Jocelyn Elders MD**
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