



The Local School Wellness Policy Triennial Assessment

Leslie Sessom-Parks, MSW

The School Wellness Policy



7 CFR 210.31(c)

Evidence-Based Practices



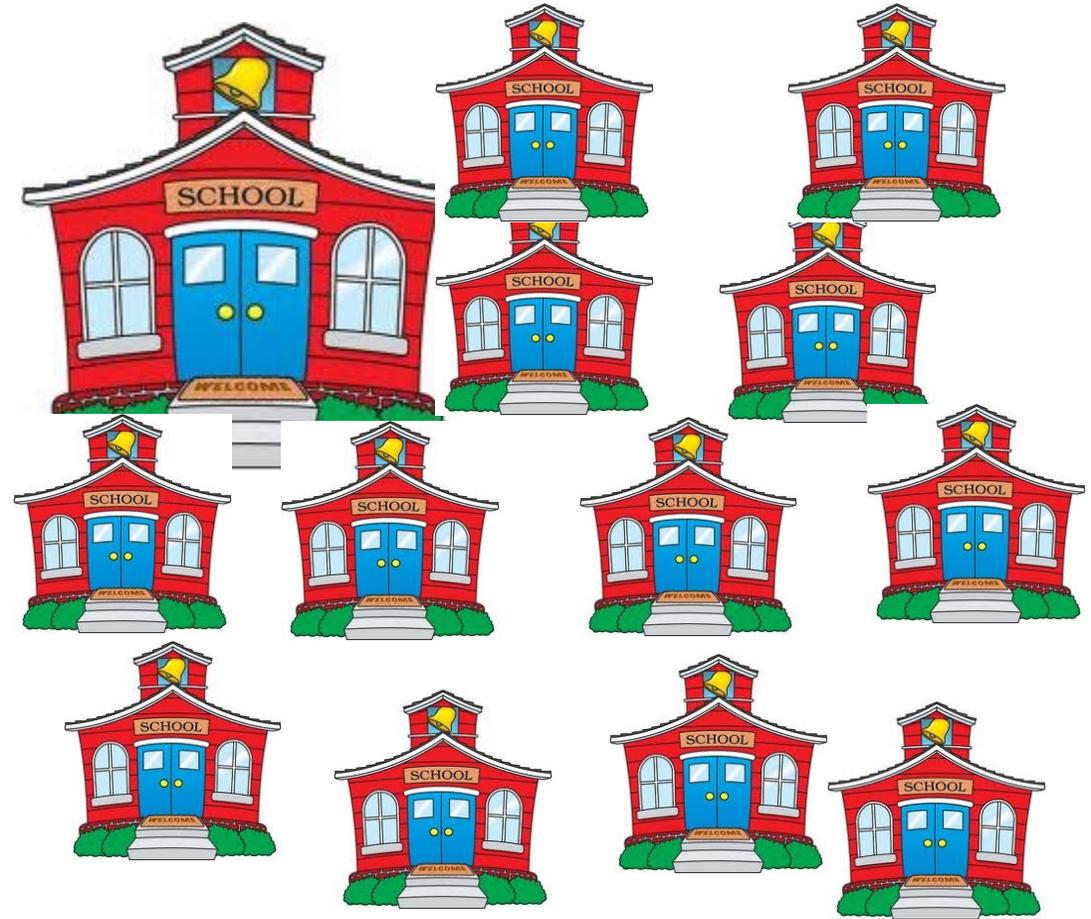
- Nutrition education 
- Food and beverages, not but provided to students 
- Physical activity
- Foods and drinks sold to students 
- Food and beverage marketing
- Informing the community, leadership, and more
- Nutrition promotion 



Establishment of School Health Councils



The Triennial Assessment



School Wellness Data

Anne Arundel County Public Schools MARYLAND WELLNESS POLICIES & PRACTICES PROJECT Data Briefing: 2018-2019 School Year

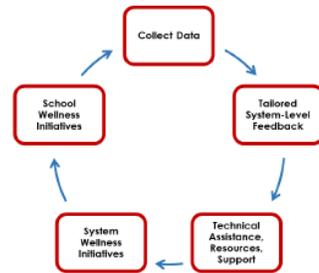


The mission of the Maryland Wellness Policies and Practices Project (MWPPP) is to enhance opportunities for healthy eating and physical activity for Maryland students by helping schools and school systems create and implement strong and comprehensive wellness policies.

The MWPPP employs a continuous quality improvement model (see the figure on the right) to assess wellness policy implementation in schools through biennial evaluations, system-level recommendations, and technical assistance provision to school systems.

The MWPPP is a statewide initiative and includes the :

- University of Maryland School of Medicine
- Maryland State Department of Education (MSDE)
- Maryland Department of Health
- University of Maryland Extension



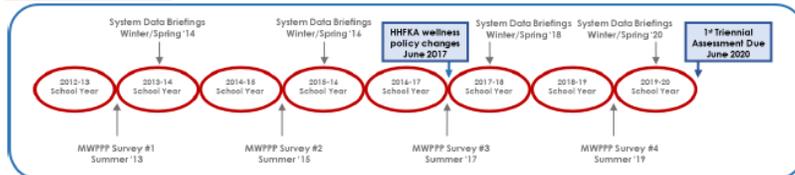
FEDERAL WELLNESS POLICY REQUIREMENTS

Wellness policies can improve food choices, dietary intake, and physical activity for students and staff. However, to be effective, a wellness policy must be implemented, monitored, and assessed. The Healthy, Hunger-Free Kids Act (HHFKA) of 2010¹ required all Local School Systems participating in federal child nutrition programs to update and expand their written wellness policy by June 2017 and publicly report on school-level wellness policy implementation beginning in June 2020 and every three years thereafter ("the triennial assessment").

The responsibility for developing, implementing, and evaluating a wellness policy is placed at the local level, to address the unique needs of each school. The MWPPP is a resource for school systems to meet the HHFKA provisions. **This report** provides information on two of the three components of the triennial assessment: [1] comparison with a model wellness policy (Section 1) and [2] reporting on school-level wellness policy compliance (Section 2). For the third triennial assessment component, school systems will report on progress toward meeting goals of their wellness policy. Based on the HHFKA, the written wellness policy and any policy updates **must be made available to the public on an annual basis**, and all three components of the triennial assessment must be **made publicly available by June 30th, 2020**.

Throughout the report, this icon denotes policies or practices required by the Federal Government

THE MWPPP TIMELINE



Maryland School For The Deaf MARYLAND WELLNESS POLICIES & PRACTICES PROJECT

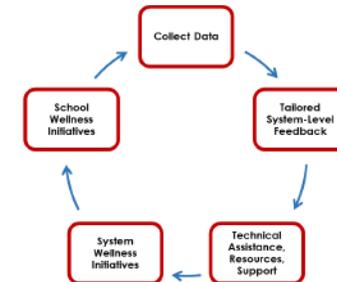


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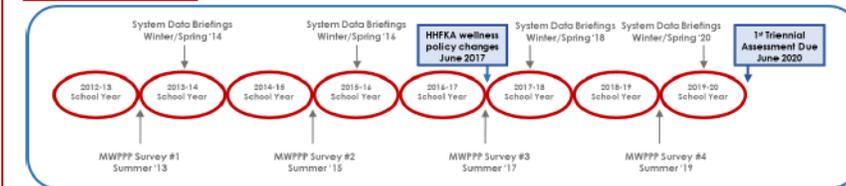
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¹Due to pandemic response, triennial assessments were allowed to be waived until June 30th, 2021. 31 out of 33 school systems have waived reporting until the June 2021 deadline.



Triennial Assessment Reporting

- 1) A written analysis comparing the LEA's wellness policy to a model wellness policy (e.g. WellSAT 3.0);
- 2) A written and data driven summary of each schools' compliance to the LEA's wellness policy;
- 3) A written analysis of the LEA's progress in meeting school wellness policy goals; and,
- 4) Verifiable documentation that the wellness policy and policy assessments are available to the public (e.g., website, newsletter, etc.).

Maryland Local School Wellness Policy
Triennial Assessment Report



MARYLAND STATE DEPARTMENT OF
EDUCATION
EQUITY AND EXCELLENCE

Directions for Triennial Assessment Report: There are four parts to this report. Review the guidance instructions (in blue text boxes) for each part and fill in the required information. Email the final document to leslie_sessomparks@maryland.gov at the Office of School and Community Nutrition Programs (OSCNP).

(Refer to SM 19-20: Triennial Assessment of Local School Wellness Policy memo for additional information)

General Information

Local Education Agency (LEA) Name:
Click or tap here to enter text.

Wellness Policy Title:
Click or tap here to enter text.

Web Link:
Click or tap here to enter text.

If applicable, related local regulation title(s):
Click or tap here to enter text.

Web Links:
Click or tap here to enter text.

Number of Schools/Sites in LEA:
Click or tap here to enter text.

Reporting Time Period/School Year(s):
Click or tap here to enter text.

Person(s) Completing Tool:

Name: Click or tap here to enter text.

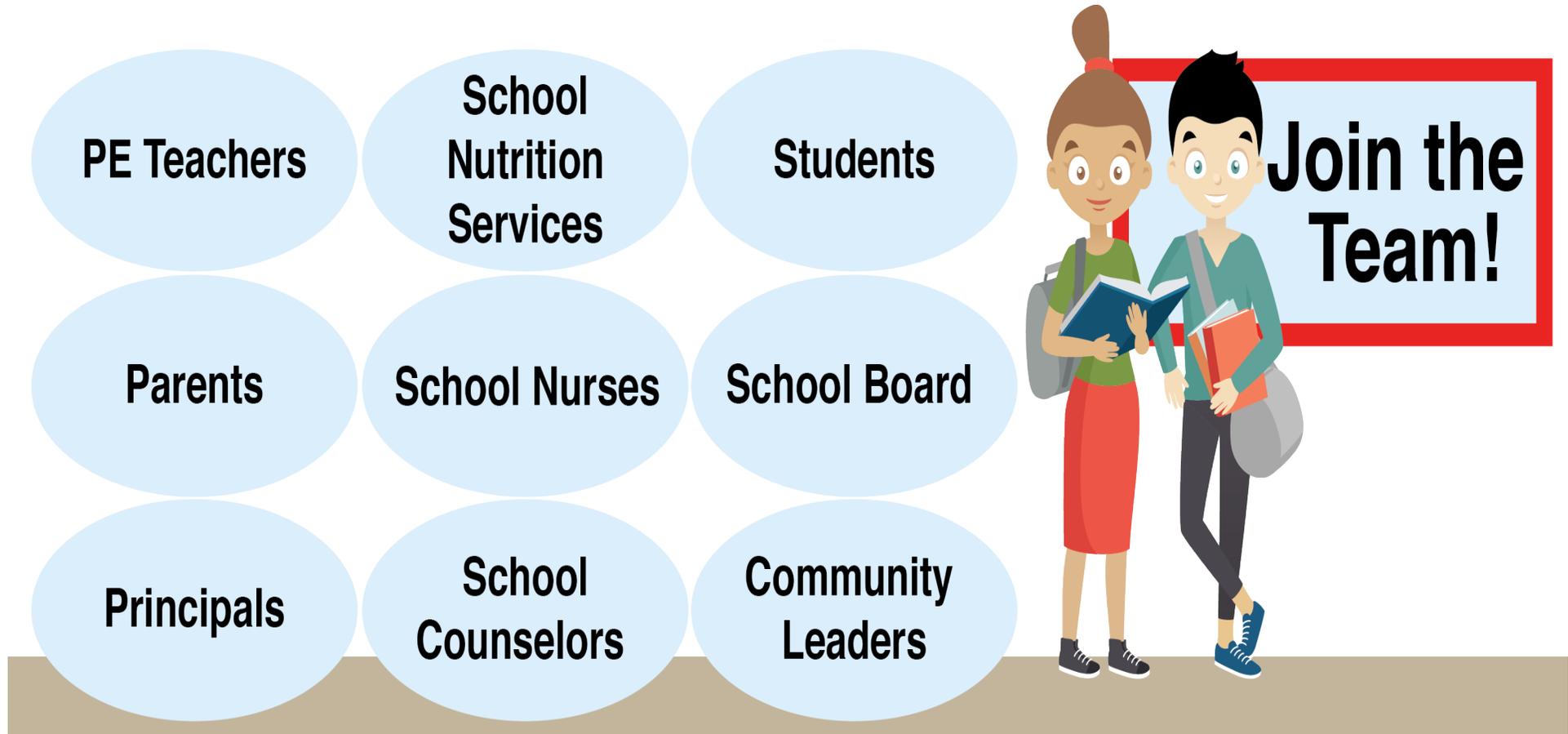
Position: Click or tap here to enter text.

Email: Click or tap here to enter text.

Phone Number: Click or tap here to enter text.

January 2020

Become a Wellness Champion





Leslie Sessom-Parks, MSW

Office of School and Community
Nutrition Programs

Maryland State Department of
Education

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